

Adena Bank Lees, LCSW, LISAC, BCETS

Education

Master of Social Work, *with honors*, Adelphi University, Garden City, NY 05/89
BA, Psychology, *with honors*, SUNY Binghamton, Binghamton, NY 05/84

Licenses/Certifications

- Licensed Clinical Social Worker, Arizona Board of Behavioral Health Examiners
Expires 5/2011
- Certified Drug and Alcohol Counselor International Certification, NCRC/AODA
Expires 11/2010
- Arizona Certification, ABCAC
Expires 11/2010
- Licensed Independent Substance Abuse Counselor, Arizona Board of Behavioral Health Examiners
Expires 3/2012
- Board Certified Expert in Traumatic Stress, Diplomate AAETS
Lifetime
- Certification in Imago® Relationship Therapy, Imago International
Lifetime

Employment Experience

- **Private Practice**, 5/05 to present
- **Float Therapist**, Employed 01/04 to 05/05, Sierra Tucson, LLC
- **Program Developer and Facilitator**, Employed 08/00 to 01/03, Mirasol, Inc.
- **Consultant, Trainer and Professional Speaker**, Employed 02/94 to Present
- **Substance Abuse Counselor**, Employed 10/93 to 2/94
- **Faculty Supervisor/Instructor**, Employed 01/93 to Present, University of Phoenix
- **Psychotherapist, Private Practice**, Employed 01/92 to Present
- **Primary/Family Therapist**, Employed 03/90 to 01/92, Sierra Tucson, Inc.

Continuing Education (sample of workshops attended)

- Psychodrama, Sociometry and Group Psychotherapy Training, Dena Baumgartner, Ph.D.
(600 hours).

- Substance Abuse and Neuro-Psychiatric Disorders, Daniel Amen, M.D.
- HIV/AIDS, sponsored by ABCAC.
- Ethics for Treatment of Chemical Dependency, sponsored by ABCAC.
- Men and Depression, Terrance Real, MS.
- Motivational Interviewing, David Mee Lee, MD.
- Impact of Substance Abuse and Child Maltreatment on Brain Development, Bruce Perry, M.D.
- Substance Abuse and its Relation to Sexual Abuse, Patrick Carnes, Ph.D.
- Family of Origin Shame, Claudia Black, MSW, Ph.D.
- Action Techniques with Trauma Survivors, Dena Baumgartner, Ph.D.
- PTSD and Dissociative Disorders, JFCS
- The Biology of Trauma- New Frontiers of PTSD Treatment, Bessel van der Kolk.

Memberships

- Fellow Member, American Academy of Experts in Traumatic Stress (AAETS)
- Board Certified Expert in Traumatic Stress, American Academy of Experts in Traumatic Stress (AAETS)
- National Association of Social Workers (NASW)
- Association for Sociometry, Group Psychotherapy and Psychodrama (ASGPP)
- International Association of Eating Disorder Professionals (IAEDP)
- Clinical Member, Institute for Imago Relationship Therapy
- Associate Member of EMDRIA (Professional Association of EMDR Practitioners)

Presentations/Lectures

- Presented over 700 workshops for professionals throughout the United States on sexual abuse, PTSD, eating disorders, other addictions and related mental health issues. 1994-Present
- Healthy Families Initiative of Arizona. Tucson, AZ 2002-2003
- "Borderline Personality Disorder and Sexual Trauma" for Progressive Health Care, Inc. Baton Rouge, LA 2002
- Midwest Conference on Sexual Abuse and Incest. Madison, WI 2001
- Employee Assistance Association of Southern Arizona. Tucson, AZ 2001
- "Addictions" at the Desert Institute for the Healing Arts. Tucson, AZ, annually 1992-2001
- Compass Health Care Conference on Addictions. Tucson, AZ 2000

- Southwest School for Behavioral Health Studies Conferences. Tucson, AZ 1995-1999

Publications

- Lees, Adena Bank. Practical Tools for the Treatment of Childhood Sexual Abuse. 2000.
- Lees, Adena Bank. 12 Healing Steps for Adult Survivors of Childhood Sexual Abuse; A Practical Guide. 1999.